



# Messy Matters

## Healthy Body & Healthy Soul

### Our Newsletter in Dorking

We hope you like this newsletter connected to our monthly Messy Sessions, as an opportunity to share the message of each months session, to keep you up to date with Messy Family Events, Celebrations & News, to share the happenings during the month on our Church Premises and to involve you all in sharing the experience of Messy.

### Dorking URC

Volume 3: Issue 7

MAY 2014

## Messy Ideas

### Body and Soul

#### Bible verse Matthew 22:37

Jesus answered, "Love the Lord your God with all your heart, with all your soul, and with all your mind."

#### A thought

People will spend a lot of time and money on their bodies. What things do people do to make themselves fit or make their bodies look nice? It is important to look after our bodies but it is also important to look after our Souls, that is why we have Messy Church, and the teaching and example of Jesus to follow.

#### Something to Do

Check out these Bible verses and see what

parts of the body are mentioned.

Proverbs 4:25; Psalm 136:12; Luke 14:2; Matthew 18:26; Proverbs 30:33; John 13:14; Exodus 28:42;

#### Prayer

Lord help me to draw nearer to the way of Jesus each day, and keep the spiritual side of my life healthy



Next Messy  
4th June 2014  
2014

We must work together as we all have a special part to play .

#### Special points of interest:

- Who's Geoff & Lynn?
- Tiberius Breakfast Club 18th May 2014
- What ever the weather
- Arthur Pound on holiday
- Updates
- Active Mess
- Contact detail
- Come & Join Us Church on Wednesday !
- MESSY is for Adults too
- Thoughts from Peter
- Please LIKE our Facebook and look at our website.
- [www.dorkingmessy.org](http://www.dorkingmessy.org)

## Why not come to Breakfast Club ?

**18th May 2014**  
**Before our All Age**  
**Service**  
**Come and feed**  
**Body & Soul !**

Each month we have a Tiberius Breakfast Club—We meet at 8.30 to have breakfast (that is cereal, juice, tea & coffee, cooked breakfast and toast with spreads) and we enjoy time together before having an activity usually tied in with the preparation of the morning service at 10.30

Please feel free to come along and join us for Breakfast - it is great for anyone who gets up early with Children on a Sunday and enjoys a full breakfast. A small nominal charge is made to cover the cost of breakfast. We would love to have you join us .

This usually coincides with our all age services or our parade services where our Uniformed organizations join us for worship. If you have any further questions please contact Pauline Selley : p.f.selley@gmail.com

Tel : 01737  
841585



### Light up yor life with Messy Pasta

Messy Pasta is a great favourite with all those at Messy Church !

Join us for tea—  
there is always  
plenty for all



**We love to  
make a  
MESS !**

## M E S S Y

Each month we encourage you to bring friends or relatives , we really do want to invite ALL ages to our sessions and to welcome as many of the community we can to join Our Church Family.

On registering please make sure Ted has up to date details for you as this helps communication , to let you know of events coming up or if the weather is bad, what we plan to do at MESSY.

We still try to offer MESSY every 1st Wednesday in the month -Every month !



Lord let us all work  
together so that we may  
improve the World and  
make it a wonderful place  
to live.

Co ordinated and in  
harmony

## What's on in the Next Month

In and around the Church each month we have many activities: we will try to let you know in advance with contact numbers where possible so that you can join in, support or just enjoy :

### Regular events held at our Church

#### **Rainbow, Brownies & Guides -**

Contact ; Dave Ring Our Church Youth Co Coordinator :

#### **Beavers, Cubs & Scouts**

on :dave@ring14.freeserve.co.uk or Tel: 01306 886703

**Smallfry Toddler Group** - Every Wednesday (morning 9.30 or afternoon 1.00pm )

**Open Doors**—coffee & Lunches—every Thursday from 10.00am

**Breakfast Club**- Monthly on Sunday morning 8.30a.m

#### **Morning and Evening Sunday Services:**

Sunday Morning - 10.30 a.m. (regular Junior Church)

Evening Service - 6.30p.m.

## Who's Who ?

Each month we have a group of people helping us make a Mess, these people come from various parts of the Church Family and this is an opportunity to introduce them to you. Geoff & Lynn Price



Geoff and Lynn have now been retired for about 5 years and wonder where the time goes! They are both involved in church life, both on a spiritual and practical level, which takes up a fair amount of their retirement time. Large in their lives are their three grandsons, Oliver (6), Isaac (4) and Joshua (1) as well as their two sons and daughters-in-law. Both are still physically active enjoying tennis, walking and gardening and holidays are taken on a regular basis to recharge their batteries.

Geoff is very involved in the upkeep and improvements in the Church premises and Lynn is the organiser of all the lettings of the Church facilities & premises.

## Reminder

Messy is for adults too !  
We love it when you join in with the activities



**Is it your Birthday ?**  
Please let us know if it is your Birthday in the Month following Messy !



**H E L P !**

We are always looking for help on the activities—if you know someone who would enjoy joining the team we would love to



## Mission Accomplished!



**Mr Arthur Pound** arrived early last year to lead the Dorking URC Campaign to raise the remaining funds needed for the Church Boiler and Pipework replacement that was completed at over £100,000.

His "50p for the Meter" initiative along with additional funds and giving has now raised the surplus needed and all the works are now paid!

Arthur sends his best wishes and thanks for everybody's efforts and now looks forward to a holiday in Newpoundland!

While he won't be around for a while he hasn't left us for good—in response to several requests, he is interested in helping again for the very exciting Project Oasis scheme....the next phase of works that will be undertaken to improve access at the back of the Church premises....Watch this Space!

**JOKE time**  
**I am the most athletic skeleton ,**



**make no bones about it**

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 ★ Please be sure to ★  
 ★ update your details ★  
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Please feel free to talk to any of the helpers at a Messy Session with ideas or concerns or just for a chat.

Between sessions and for any information please contact :

Judi : judicurrie@hotmail.com : Tel: 01306 885254

Ted : tedbelligham@aol.com : Tel 01306 889501

Peter : plflint@btinternet.com : Tel :01306 880072

Pauline : p.f.selley@gmail.com : Tel : 01737 841585



**Active Mess**  
 Each month we will challenge you to a quiz or search on the Theme of the

## Take a look at our new Website & Facebook Page

Website :

[www.dorkingmessychurch.org.uk](http://www.dorkingmessychurch.org.uk)

Facebook :

Dorking URC Messychurch

Match the maze then draw a face of someone you know.

### Find and match.

		ears
		mouth
		eyes
		fingers
		toes
		nose

